



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

### SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Andrea RABALLO  
Co-chairperson: Prof. Dr. Nadja P. MARIC  
Secretary: Dr. Liene SILE  
Councillor: Prof. Anita RIECHER-RÖSSLER  
Councillor: Frauke SCHULTZE-LUTTER  
Councillor: Petr WINKLER

### LIST OF SECTION MEMBERS:

Joseph ADO-IMOISILI, ANTRIM, United Kingdom  
Herta AGAJ, Lezhe, Albania  
Ahmad ALHADI, Riyadh, Saudi Arabia  
Anne Iris Miriam ANDERS, Attnang-Puchheim, Austria  
Olivier ANDLAUER, , United Kingdom  
Sanja ANDRIC PETROVIC, Belgrade, Serbia  
Valentina BASILE, Orselina, Switzerland  
Andreas BECHDOLF, Germany,  
Elena Daniela BUHAŞ RAMOCEA, Oradea, Romania  
Ana CATALAN, Bilbao, Spain  
Egor CHUMAKOV, Saint-Petersburg, Russian Federation  
Lindsay DEWA, London, United Kingdom  
Gamze ERZIN, Ankara, Türkiye  
Hans Jürgen GRABE, Greifswald, Germany  
Willem Cornelis Pieter GUIJT, Katwijk ZH, Netherlands  
Shahzain HASAN, Karachi, Pakistan  
Ulrich HEGERL, Germany  
Cyril HÖSCHL, Praha 8, Czech Republic  
Svitlana ISAIENKO, Kharkov, Ukraine  
Yasser KHAZAAL, Geneve  
Fabian KRAXNER, Hedingen, Switzerland  
Alena LEONOVA, Tyumen, Russian Federation,  
Don LINSZEN, Netherlands  
Vissam MAHASNEH, Damascus, Syrian Arab Republic  
Mario MAJ, Napoli, Italy  
Karl F. MANN, Mannheim, Germany  
Nadja P. MARIC, Belgrade, Serbia  
Max MARSHAL, United Kingdom  
Ceren MERIC OZGUNDUZ, İstanbul, Türkiye  
Milos MILUTINOVIC, Skopje, Macedonia, Republic of  
Luiza MOURA DE SOUZA AZEVEDO, Miami, United States



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

Robin MURRAY, London, United Kingdom  
Michael MUSALEK, Wien, Austria  
Michel NAWFAL, Beirut, Lebanon  
Merete NORDENTOFT, Hellerup, Denmark  
Maurizio POMPILI, Roma, Italy  
Simone POMPILI, Ancona, Italy  
Andrea RABALLO, Lugano, Switzerland  
Goran RACETOVIC, Prijedor, Bosnia and Herzegovina,  
Anita RIECHER-RÖSSLER, Binningen, Switzerland  
Joshua RODRIGUEZ  
Martina ROJNIC KUZMAN, Zagreb, Croatia  
Rosemarie SACCO, Zurrieq, Malta  
Andriy V. SAMOKHVALOV, Guelph, Canada  
Ana Filipa SANTOS MARTINS, SÃO PEDRO DO SUL, Portugal  
Frauke SCHULTZE-LUTTER, Düsseldorf, Germany  
Liene SILE, Riga, Latvia, lieneberze@gmail.com  
Sumeet SINGH, Pathankot, India  
Amro SOLIMAN, Cairo, Egypt  
Emma SONESON, OXFORD, United Kingdom  
Raluca STICLOSU, Bucharest, Romania  
Richard SYKES, Pretoria, South Africa  
Selin TANYERI KAYAHAN, Isparta, Türkiye  
Petar VIDOVIĆ  
Petr WINKLER, Klecany, Czech Republic  
Damla YILDIRIM  
Nafiye Selcan YILDİRİM, İstanbul, Türkiye  
Davide ZANI, Chur, Switzerland

### LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 2022

Venue: Virtually via emails

### ACTIVITIES OF THE SECTION IN 2023:

#### Meetings/events

#### EPA Congress 2023 Paris

#### Description:

How to prevent first onset and relapse of serious psychiatric diseases



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

3/27/2023 | 05:00 PM - 06:30 PM | 04. Room 151

Code: SP27

Type: Symposium

Topic: Clinical / Therapeutic

Description: The symposium will address the issue of prevention of serious mental disorders, with focus on high-risk individuals for developing severe psychiatric illnesses (primary indicated prevention) and patients with relapsing course of disorder (tertiary prevention). We will review and discuss the evidence of pharmacological, psychological or other non-pharmacological strategies in preventing new illness onset, reducing risk of relapse and functional decline, and the impact on public health. The focus will be especially on the clinical high-risk samples and patient samples at risk for redeveloping psychotic or bipolar disorder. In the indicated prevention of psychosis, the cost-benefit evaluation of interventions in clinical high-risk states of psychosis (CHR) is always complicated by the largely unknown individual risk of CHR individuals. Pharmacotherapy with antipsychotics is not first-line choice; for the lesser risk of adverse events, treatment recommendations commonly favour non-pharmacological. Individual risk estimation in identified CHR patients is increasingly done with machine learning algorithms, which might help to identify CHR patients who would greatly benefit from additional pharmacological intervention. We will discuss the evidence-base of such a multistep, machine learning informed prevention strategy. Similarly, in the field of bipolar disorders, prevention is the key. Discussed will be the evidence-base for the prevention of the onset of illness and the pharmacological and non-pharmacological strategies for relapse prevention for patients with bipolar disorders, with focus on functional outcomes. Critically evaluating costs and benefits of the different intervention strategies, the symposium will provide clinicians with a basis for a well-informed decision on preventive strategies for both first-onset and relapse of psychotic and bipolar disorders.

Chair: Andrea Raballo (Italy) , Pavel Mohr (Czech Republic)

05:00 PM - 05:17 PM

Pharmacotherapy of high-risk population for developing psychosis ( [View Abstract](#) )

Speaker: Pavel Mohr (Czech Republic)

05:17 PM - 05:34 PM

Onset and relapse prevention of bipolar disorders ( [View Abstract](#) )

Speaker: Eduard Vieta (Spain)



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

05:34 PM - 05:51 PM

Prevention strategies in clinical high-risks states for psychotic disorders: weighing up costs and benefits? ( [View Abstract](#) )

Speaker: Frauke Schultze-Lutter (Germany)

05:51 PM - 06:08 PM

Pharmacological treatment at early psychosis: risks and benefits ( [View Abstract](#) )

Speaker: Liene Sile (Latvia)

**Location:** Paris, France

**Start date:** 27/03/2023

**End date:** 27/03/2023

**Attendance:** High

### EPA Section of Prevention of Mental Disorders

#### Description:

The EPA Section meeting was aimed to discuss new goals for section and collaboration with others section. As well there were discussed the possible input for tother EPA initiatives, e.g. syllabus of psychiatry. The topics of the courses and Section symposium of EPA Congress 2024 were decided. New members were welcomed.

**Location:** Paris, France

**Start date:** 28/03/2023

**End date:** 28/03/2023

**Attendance:** 16 members in person

### EPA Congress Paris, France 2023

#### Description:

Early intervention in psychosis - working as a team and involving families

3/26/2023 | 08:00 AM - 11:30 AM | 09. Room 142

Code: CP10

Type: EPA Courses

Topic: Educational



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

**Description:** There is strong scientific evidence for the effectiveness a range of outcomes of early intervention services in first episode psychosis in schizophrenia spectrum disorders. Early Intervention Services are characterized by comprehensive, multi-modal and phase-specific treatment of first-episode psychosis, modified to suit the needs of this patient population, including intensive/assertive case management and family involvement. In this course, the evidence for Early Intervention Services will be presented together with the principles and rationale for involving families. The format of psychoeducational multifamily groups will be explained in detail. Participants will be involved actively with polls, and in a physical course, participants will train the problem solving live

**Director:** Merete Nordentoft (Denmark)

**Location:** Paris, France

**Start date:** 26/03/2023

**End date:** 26/03/2023

**Attendance:** High

### Publications

**Kasal, A., Kuklová, M., Kågström, A., Winkler, P., & Formánek, T. (2023).**

**Journal:**

Archives of suicide research, 27(2), 671-685.

**Authors:**

Suicide risk in individuals with and without mental disorders before and during the COVID-19 pandemic: An analysis of three nationwide cross-sectional surveys in Czechia.

**(Expected) Publication date:** 01/02/2023

**Acknowledged as official Section publication?** Yes

**Development and implementation of fidelity assessment in first episode psychosis services in Czechia: A pilot study.**

**Journal:**

Early Intervention in Psychiatry, 17(6), 573-580.

**Authors:**

Tomaskova, H., Kondrátová, L., Winkler, P., & Addington, D. (2023).

**(Expected) Publication date:** 01/06/2023

**Acknowledged as official Section publication?** Yes



## **EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023**

### **Development and validation of a universal mental health literacy scale for adolescents (UMHL-A).**

**Journal:**

Psychiatry Research, 320, 115031.

**Authors:**

Kågström, A., Pešout, O., Kučera, M., Juríková, L., & Winkler, P. (2023).

**(Expected) Publication date:** 01/07/2023

**Acknowledged as official Section publication?** Yes

### **The clinical high-risk of psychosis approach as an emerging model for precision prevention in psychiatry.**

**Journal:**

European Neuropsychopharmacology, 76: 17-19. doi:  
10.1016/j.euroneuro.2023.07.004

**Authors:**

Schultze-Lutter F, Meisenzahl E (2023).

**(Expected) Publication date:** 01/07/2023

**Acknowledged as official Section publication?** Yes

### **Investigating temporal and prosodic markers in clinical high-risk for psychosis participants using automated acoustic analysis.**

**Journal:**

Early Intervention in Psychiatry, 17:  
327-330. doi: 10.1111/eip.13357

**Authors:**

Bianciardi B, Gajwani R, Gross J, Gumley AI, Lawrie SM, Moelling M, Schwannauer M, Schultze-Lutter F, Fracasso A, Uhlhaas PJ (2023)

**(Expected) Publication date:** 01/09/2023

**Acknowledged as official Section publication?** Yes



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

**Baseline benzodiazepine exposure is associated with greater risk of transition in clinical high-risk for psychosis (CHR-P): a meta-analysis.**

**Journal:**

Psychol Med. 2023 Aug 23;1-7. doi: 10.1017/S0033291723002180.

Epub ahead of print. PMID: 37609894.

**Authors:**

Raballo A, Poletti M, Preti A.

**(Expected) Publication date:** 01/08/2023

**Acknowledged as official Section publication?** Yes

**The salience of the motor domain in the risk of psychosis.**

**Journal:**

Poletti M, Raballo A.

**Authors:**

Lancet Psychiatry. 2023 May;10(5):314. doi:

10.1016/S2215-0366(23)00074-3. PMID: 37059477.

**(Expected) Publication date:** 01/05/2023

**Acknowledged as official Section publication?** Yes

**The temporal dynamics of transition to psychosis in individuals at clinical high-risk (CHR-P) shows negative prognostic effects of baseline antipsychotic exposure: a meta-analysis.**

**Journal:**

Transl Psychiatry.

2023 Apr 5;13(1):112. doi: 10.1038/s41398-023-02405-6. PMID: 37019886; PMCID:

PMC10076303.



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

**Authors:**

Raballo A, Poletti M, Preti A.

**(Expected) Publication date:** 01/04/2023

**Acknowledged as official Section publication?** Yes

### **Pathology of imagination in an adolescent at clinical high-risk for psychosis.**

**Journal:**

Riv Psichiatr. 2023 Jan-Feb;58(1):37-39. doi:

10.1708/3964.39430. PMID: 36715582.

**Authors:**

Poletti M, Raballo A.

**(Expected) Publication date:** 01/02/2023

**Acknowledged as official Section publication?** Yes

### **Clinical High Risk for Psychosis (CHR-P) in children and adolescents: a roadmap to strengthen clinical utility through conceptual clarity.**

**Journal:**

Eur Child Adolesc Psychiatry. 2023 Jan 10. doi:

10.1007/s00787-023-02139-2. Epub ahead of print. PMID: 36625988.

**Authors:**

Raballo A, Poletti M, Preti A.

**(Expected) Publication date:** 01/01/2023

**Acknowledged as official Section publication?** Yes

### **Do antidepressants prevent transition to psychosis in individuals at clinical high-risk (CHR-P)? Systematic review and meta-analysis.**

**Journal:**

Psychol Med. 2023 Jul;53(10):4550-4560. doi:

10.1017/S0033291722001428.

**Authors:**

Raballo A, Poletti M, Preti A.

**(Expected) Publication date:** 01/07/2023

**Acknowledged as official Section publication?** Yes





## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

### **Serum immune markers and transition to psychosis in individuals at clinical high risk.**

**Journal:**

Brain, Behavior, and Immunity, 110: 290-296.

**Authors:**

Mondelli V, Blackman G, Kempton MJ, Pollak TA, Iyegbe C, Valmaggia LR, Amminger P, Barrantes-Vidal N, Bressan R, van der Gaag M, de Haan L, Krebs MO, Nordentoft M, Ruhrmann S, Riecher-Rössler A, Rutten BPF, Sachs G, Koutsouleris N & McGuire P (2023)

**(Expected) Publication date:** 01/04/2023

**Acknowledged as official Section publication?** Yes

### **Influence of cannabis use on incidence of psychosis in people at clinical high risk.**

**Journal:**

Psychiatry and Clinical Neurosciences.

**Authors:**

Chester LA, Valmaggia LR, Kempton MJ, Chesney E, Oliver D, Hedges EP, Klasta E, Stahl D, van der Gaag M, de Haan L, Nelson B, McGorry P, Amminger GP, Riecher-Rössler A, Studerus E, Bressan R, Barrantes-Vidal N, Krebs MO, Glenthøj B, Nordentoft M, Ruhrmann S, Sachs G, McGuire P & EU-GEI High Risk Study Group (2023)

**(Expected) Publication date:** 01/03/2023

**Acknowledged as official Section publication?** Yes

### **The heterogeneity of attenuated and brief limited psychotic symptoms: association of contents with age, sex, country, religion, comorbidities, and functioning.**

**Journal:**

Frontiers in psychiatry, 14.

**Authors:**

Theisen C, Rosen M, Meisenzahl E, Koutsouleris N, Lichtenstein T, Ruhrmann S, Kambeitz J, Kambeitz-Illankovic L, Riecher-Rössler A, Chisholm K, Upthegrove R, Antonucci LA, Bertolino A, Pigoni A, Salokangas RKR, Pantelis C, Wood SJ, Lencer R, Falkai P, Hietala J, Brambilla P, Schmidt A, Andreou C, Borgwardt S, Osman N, Schultze-Lutter F & PRONIA Consortium (2023)

**(Expected) Publication date:** 01/05/2023

**Acknowledged as official Section publication?** Yes



## EPA PREVENTION OF MENTAL DISORDERS SECTION REPORT 2023

### Other Section activities

#### Description:

Lead by Schultze-Lutter Frauke

CME certified training courses in early detection

3- day training of the assessment of the Structured Interview for Psychosis-Risk Syndromes (SIPS) and the Schizophrenia Proneness Instrument, Ault and Child& Youth version (SPI-A / SPI-CY):

24.-26.08.2023

14.-16. 12.2023

4- halfday training of the assessment of the Schizophrenia Proneness Instrument, Ault and Child& Youth version (SPI-A / SPI-CY):

04.-07.10.2023

**Event Start date:** 04/07/2023

**Event End date:** 26/08/2023

#### Outcomes

Educated specialists in the field of early psychosis

---

#### FUTURE ACTIVITIES:

#### FUNDING IN 2023

Income: -

Source(s) of funding: -

Expenditure: -

Balance: -

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No